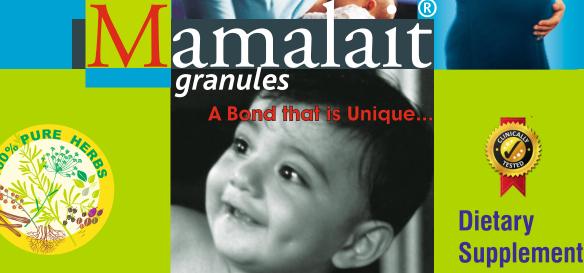
Promotes and Enriches Lactation



^o Clinically tested by Drug Monitoring Research Institute - (DMRI), Effect of Mamalait on milk production in mothers of newborns: a randomized, double-blind, placebo-controlled trial. Study Number DMRI/GALG806 Etadet: 1202/22006



Dietary Supplement to Improve and Increase Lactation



Benefits of MAMALAIT[®] GRANULES

- The herbs in **MAMALAIT**[®] **GRANULES** are carefully selected and combined to strengthen the formula proven to promote and enrich mother's milk. The primary herb Shatavari, offers targeted benefits for its galactogogue effect, while the supporting herbs reinforce the benefits of the primary herb.
- This Herbal formulation is prepared from herbs which contain richest mixtures of phytochemicals, alkaloids and bioflavonoids that offer a unique blend which helps in maintaining holistic health of both, the lactating mothers and their infants
- This formulation has been developed on the basis of ancient Ayurveda principles.
- Additionally, it aids in general debility, boosts energy that in turn improves and increases immunity.



Each 100 g of MAMALAIT® GRANULES contain extracts derived from

SHATAVARI (Asparagus Racemosus)	15g	Per day nutritional value o	Per day nutritional value of MAMALAIT® GRANULES	
KSHEER VIDARI (Ipomoea Digitata)	1g	Content	Value of 10g x 2 Servings	
GOKSHUR PANCHANG (Tribulus Terrestris)	2g	Energy Value	83.98kcal	
YASHTIMADHU (Glycyrrhiza Glabra)	1g	Proteins Carbohydrates	384.00mg 18.44g	
JEVANTHI (Leptadenia Reticulata)	1g	Fats	164.00mg	
JEERA (Cuminum Cyminum)	1g	Iron Potassium	0.61mg 38.20mg	
SOWA (Anethum Sowa)	1g	Sodium Calcium	15.56mg 4.64mg	
KALONJI (Nigella Sativa)	1g	Magnesium	0.94mg	

- MAMALAIT[®] GRANULES is a dietary supplement that is commercially available as 250 g granules packed in high density polyethylene bottles.
- Mothers are recommended to start taking MAMALAIT[®] GRANULES immediately after delivery and continue during the course of breastfeeding. However, for early benefits mothers can also consider taking MAMALAIT[®] GRANULES two months prior to delivery.

Dosage

- The standard recommended dose of MAMALAIT[®] GRANULES includes reconstituting one tablespoon (Approx. 10 g) of granules in a glass of water, fruit juice or milk with stirring. Mothers are advised to take no more than 2 servings per day.
- MAMALAIT[®] GRANULES should not be reconstituted in boiling water or milk.

Storage

- MAMALAIT[®] GRANULES should be stored in a cool and dry place in a tightly closed bottle to avoid moisture absorption responsible for lump formation.
- However, the lumps (if formed) can be easily broken up and does not affect the quality and efficacy of the product.
- The shelf life of **MAMALAIT[®] GRANULES** is 36 months from the date of manufacture.

Advantages of using MAMALAIT[®] GRANULES:

A Unique Bond between the Mother and the Child is created from day one of breast-feeding.

- **MAMALAIT**[®] **GRANULES** also helps in maintaining holistic health of both the lactating mothers and their infants.
- MAMALAIT[®] GRANULES has been tested to be free from Escherichia coli, Salmonella and Fungal contaminants.
- Heavy metals in this formulation are within permissible limits making it absolutely safe for the mother and the child.
- Along with the main component Shatavari, appropriate quantities of additional balancing herbs are present to rejuvenate the body of the lactating mother by rendering additional benefits to the formulation.
- So far, no side effects have been reported as a consequence of using MAMALAIT[®] GRANULES

Conclusion

- Breast Milk is a natural and wholesome food for an infant, owing to its health benefits, thus, ensuring adequate supply of nutritious milk is important.
- In Ayurveda, there are special herbs known to promote healthy lactation.
- In **MAMALAIT[®] GRANULES** the carefully selected herbal combination can promote and enrich mother's milk.
- While Shatavari, (the primary herb) is used for its galactogogue effect, the supporting herbs reinforce the benefits of the primary herb and provides additional support to maintain the health of the mother and their infants.
- The mothers do not have to depend on powder milk and the feeding bottles which incur additional cost and is not safe for the child.
- The bonding between the mother and the child is an experience which is unique and comes only with breastfeeding.

Disclaimer

This information is not intended for use in the diagnosis or cure of any disease. If you have any serious, acute or chronic health concern, please consult a trained health professional who can carefully assess your need and address them effectively.

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